



Summer Youth Outdoor Adventure Program

Currently offering at these Locations:

1.) Hopedale Pond in Hopedale

2.) Grafton Lions Club in Grafton

3.) Chauncy Fields on Lake Chauncy in Westborough

Our program is designed for Girls & Boys ages 6 - 14 year olds, they are divided into teams and grouped by age. Our High Adventure program is aimed for our older campers. It is designed for older student girls and boys turning 12 years old by Dec 31 of this year. In this program we have more challenging adventures (see below for more details).

Our counselors to child ratio max is 8:1, a typical day is divided into multiple activities for up to 5 hours.

Outdoor Adventure Program Clinics (Most popular Program) These are multi day, 5 hours per day, we try to offer 3 age brackets offering suited activities for all age groups. Normal teams look like this: 6-8 year olds, 8-11 year olds and 11- 14 year olds, however it does go by the participants' ages signed up for each session.

Activities scheduled during our sessions: Archery, using a map & compass, Fishing, Canoeing, Nature, Fitness, Hiking, Outdoor games and Kayaking for over 9 years old with a signed permission slip on file.

Archery: Archery is an individual sport that provides the opportunity for anyone to do well. The benefits of archery include exercise, mental focus, self-discipline and social interaction. This program teaches the fundamentals of good form and technique, as well as safety on a 10-14 yard Archery range.

Boating: Canoe or kayak is offered one to two times a week at each location. Grafton we paddle on Lake Ripple in Grafton and Westborough we paddle on Lake Chauncy, participants will learn safety, entry and exiting the crafts and how to paddle the boats. All are required to wear a PFD (Life Jacket) at all times in the boats. All kayakers must be 9 years old and we require a signed permission slip on file to be eligible to kayak.

Fishing: Enjoy some fishing along with learning rules and equipment used to fish local water. Also enjoy some hiking on our local trails.

Hiking Nature and Fitness: we combine these 3 on daily hikes on or just off the location we are using. Map & Compass is a FUN activity we go over as well. Most of us don't use maps anymore in our everyday life so it's neat to learn about topographical maps and contour lines along with learning about the "Compass Rose".

REGISTRATION

SOME REGISTRATIONS ARE DONE ONLINE and can be done on the sponsoring Towns website. Hopedale is done by using a registration form downloadable from our website.:

GRAFTON: Please go to www.graftonma.recdesk.com to register. Creating a free log-in account is required. Please contact Grafton Recreation at: 508-839-5335 ext. 1156 for any questions on registering. You may save any online fees/charges if you register in their office in person. EXTENDED DAY may be available until 4 pm in Grafton, Email us at info.finfeather@gmail.com For details.

Westborough: Please go to www.Westboroma.myrec.com search for youth "Outdoor Programs" and then click on Outdoor Adventure. Please contact Westborough Recreation for any questions. 508-366-3066

This summer we are following Covid-19 guidelines, practicing social distancing is our number 1 priority. If the children and staff can't social distance they are required to wear a face mask! Between sessions we will clean / sanitize all equipment used in prior clinics. Hand sanitizer will be available.

Hopedale: Please go to our registration form to download the Hopedale Registration form and you may drop it off at our shop in Upton or mail it in to us. Please call us at 508-529-3901 for additional information.

See Registration pages or Registration form for Clinic Rates, Dates and Times that are available at each Town.

LIST OF ITEMS participants should bring to our clinics

Items to bring each day in a backpack: All children should dress for the weather and also bring 2 masks to be sure if one is lost they have a spare. personal hand sanitizer marked with name, a morning snack, lunch for our 2-4 day programs, a refillable water bottle daily filled labeled with name, ball cap, wear good hiking shoes/boots/sneakers, **No Open toe shoes allowed.** Put names on all belongings.

Sunscreen and bug repellent (we ask that you apply before drop off ... Thank You) Fishing rod & reel (optional), life jacket optional. Tackle box (must be inspected by counselor before dropping off)

What is HIGH ADVENTURES (HA) you ask? This Special program is offered for multiple sessions throughout our summer program. It is designed for older student girls and boys turning 12 years old by Dec 31 of this year. It is more challenging with additional adventures such as: 1. Fishing on shore and on the water in canoes and kayaks 2. Archery with recurve & compound bows with an archery tournament during the week 3. Kayaking trip up to 2 hour journey 4. Map & Compass and Hiking.

ARCHERY CLINICS

We offer just archery if you so choose. Grafton and Westboro have specific clinics and dates just for Archery. These 1.5 - 2 hour clinics are offered for a single afternoon or multiple morning classes.

Looking for a unique recreation activity? Archery is an individual sport that provides the opportunity for anyone to do well. The benefits of archery include exercise, mental focus, self-discipline and social interaction. This program teaches the fundamentals of good form and technique, as well as safety. See their websites for more details.

On the Water Clinics for ages 8 - 14, Activities are Fishing and Boating in canoes or kayaks. Kayaks are for ages 9 and up. Canoes for all ages. This clinic is offered in Hopedale on Fridays this summer.

Birthday Parties We offer Archery, Fishing and Boating (Canoe, kayak or Both)
Please Contact us for additional information. Parties start at \$175 for up to 6 Participants.

Our contact information: [Fin & Feather Sports 508-529-3901](tel:508-529-3901) 10 Milford St - PO Box 314 Upton, MA 01568 Email: fin.feather@verizon.net for details or questions on these programs.

**Find us on FACEBOOK and LIKE us at:
Fin & Feather Sports – Outdoor adventures**